

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Carlos Heartmann

Has successfully participated & completed the

5km TRAIL Run Kariega Trail Run 2018

held at Southwell Cricket Field.

**TIME** 00:37:05

**PACE** 07:24/km

**OVERALL** 1 of 75

29 December 2018, Sat

Date

**GENDER** 1 of 24

**50 - 59** 1 of 5

